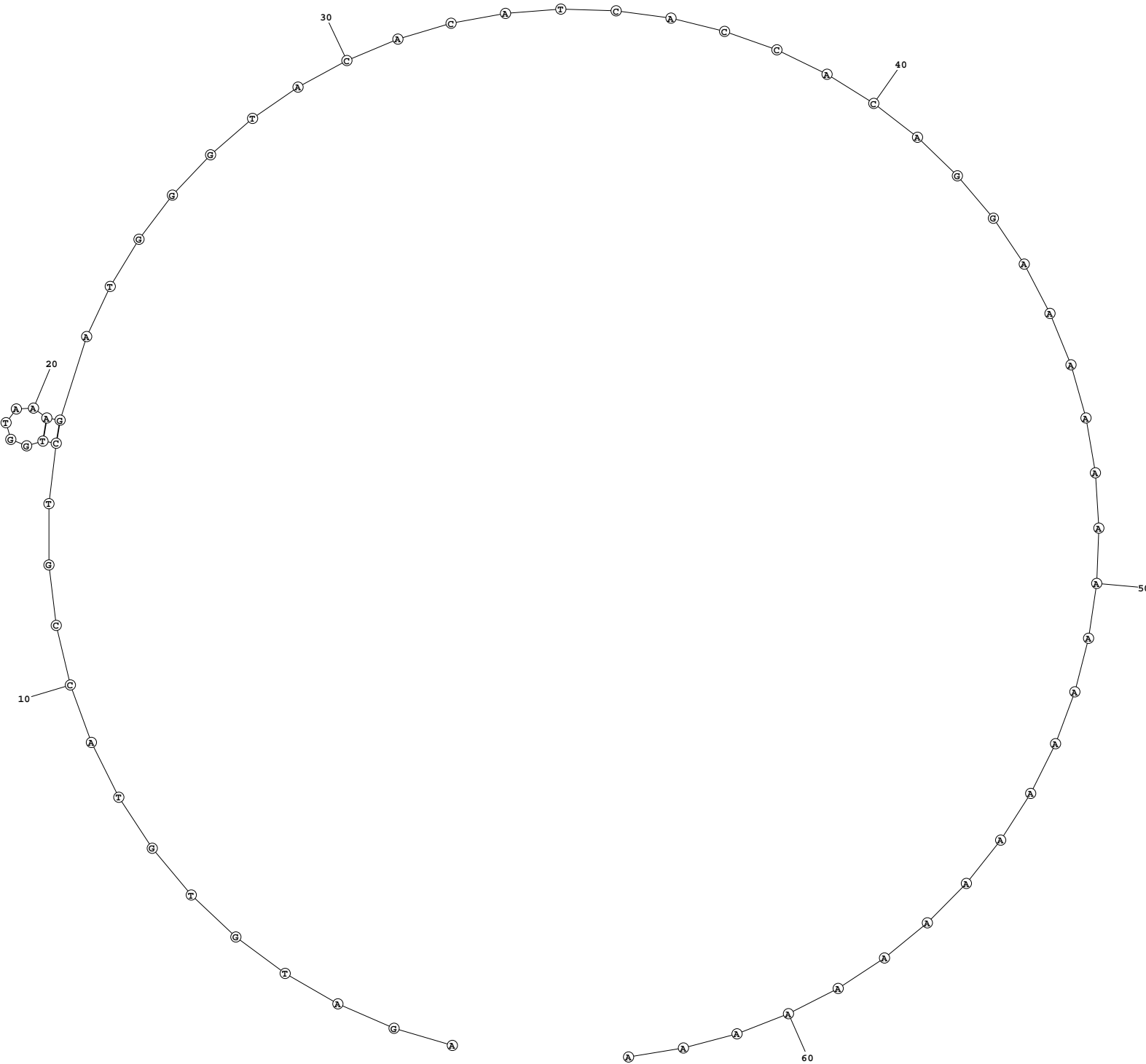ENERGY = -0.4   H4

ENERGY = 0.6   H4