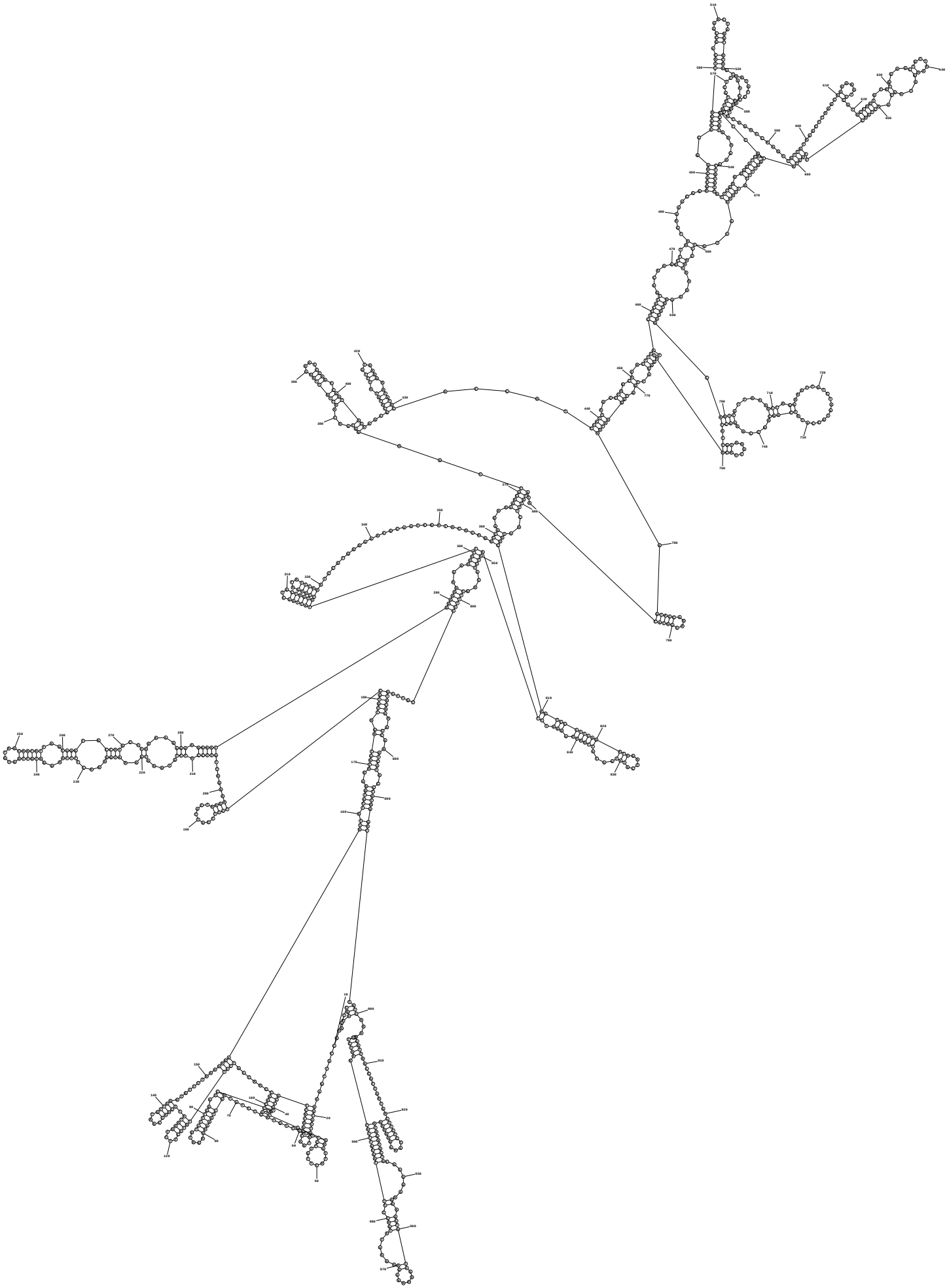

ENERGY = -457.3 Mg-216