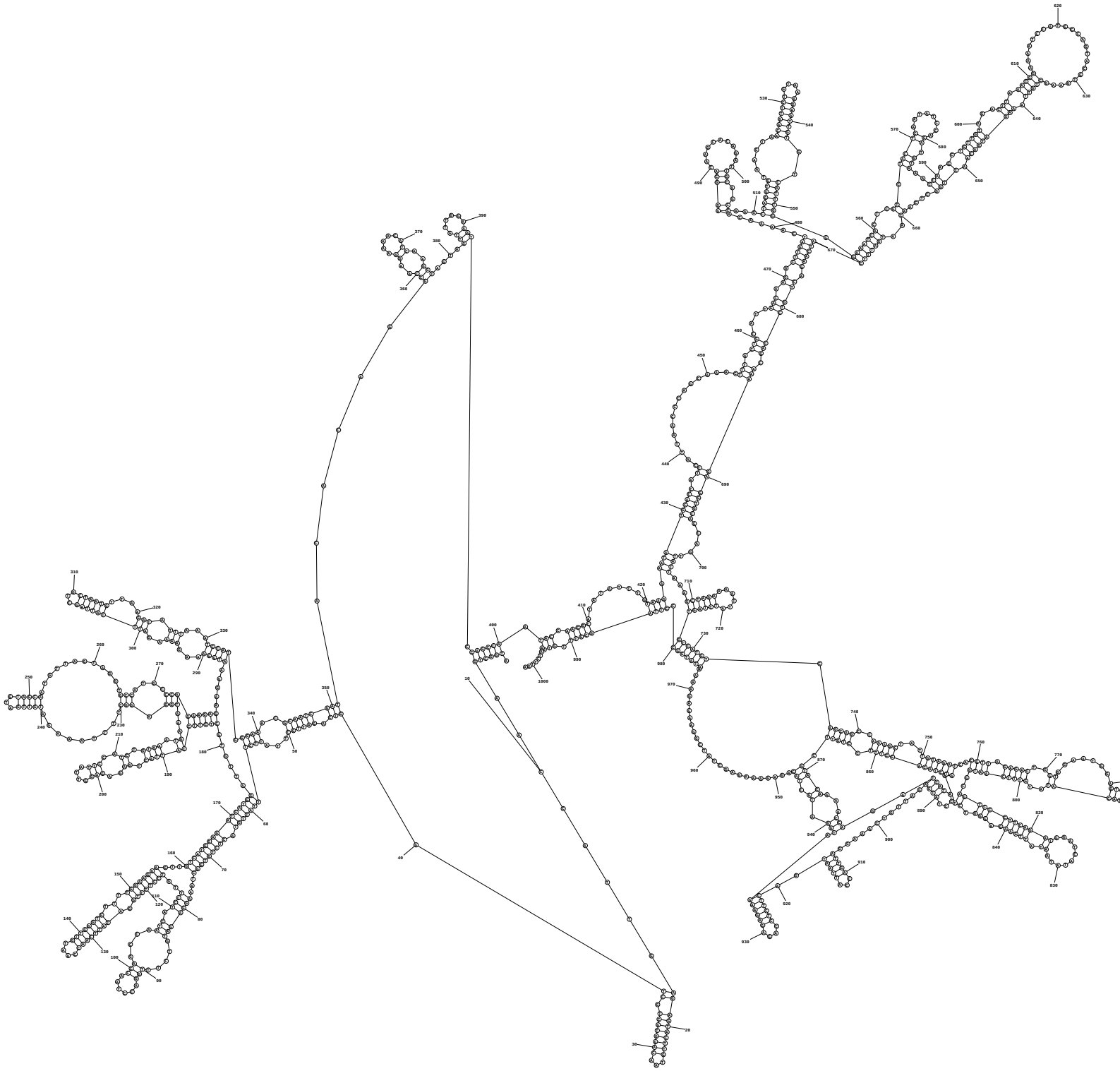

ENERGY = -433.8 Mg-216