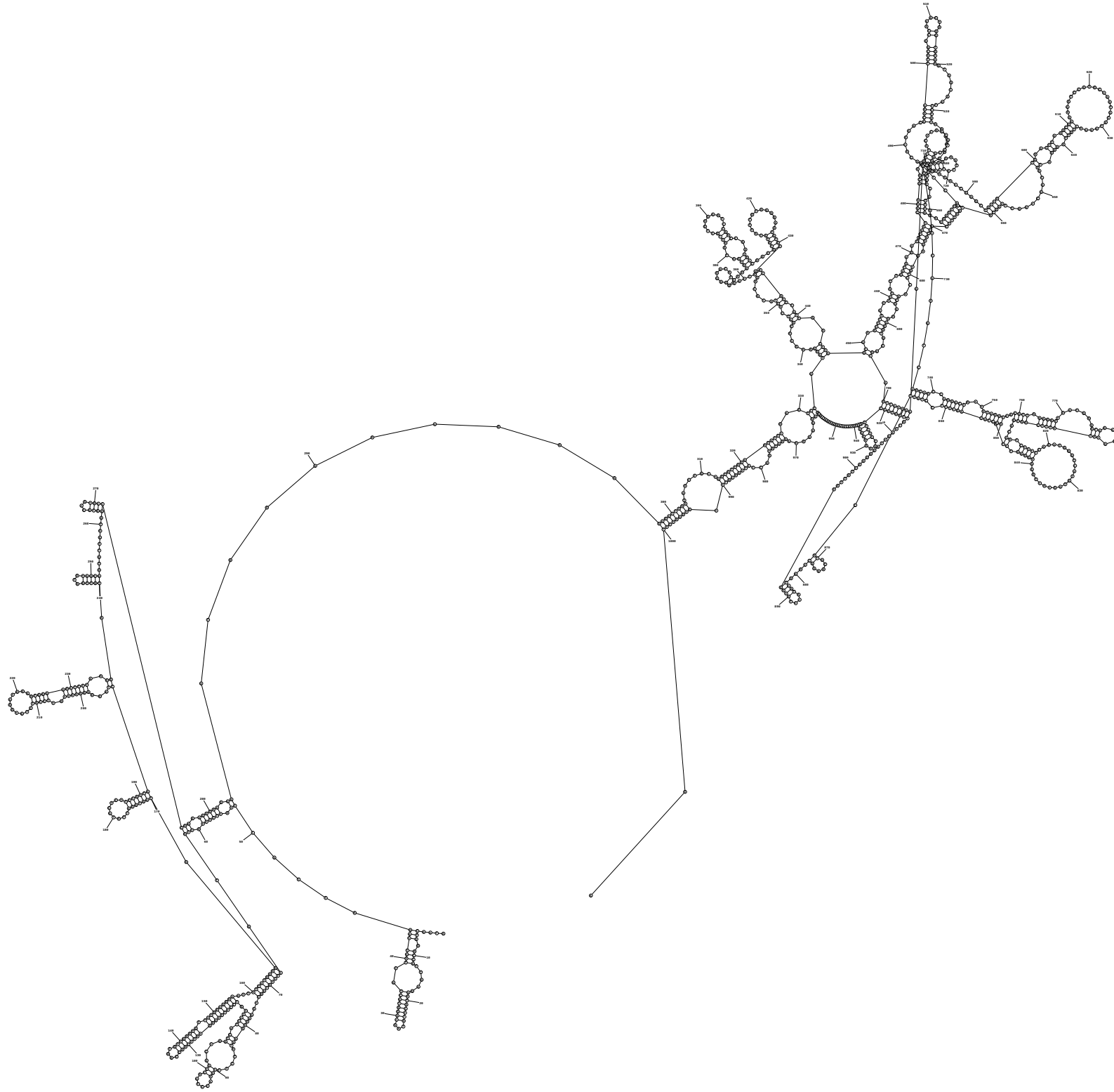

ENERGY = -448.9 Mg-216