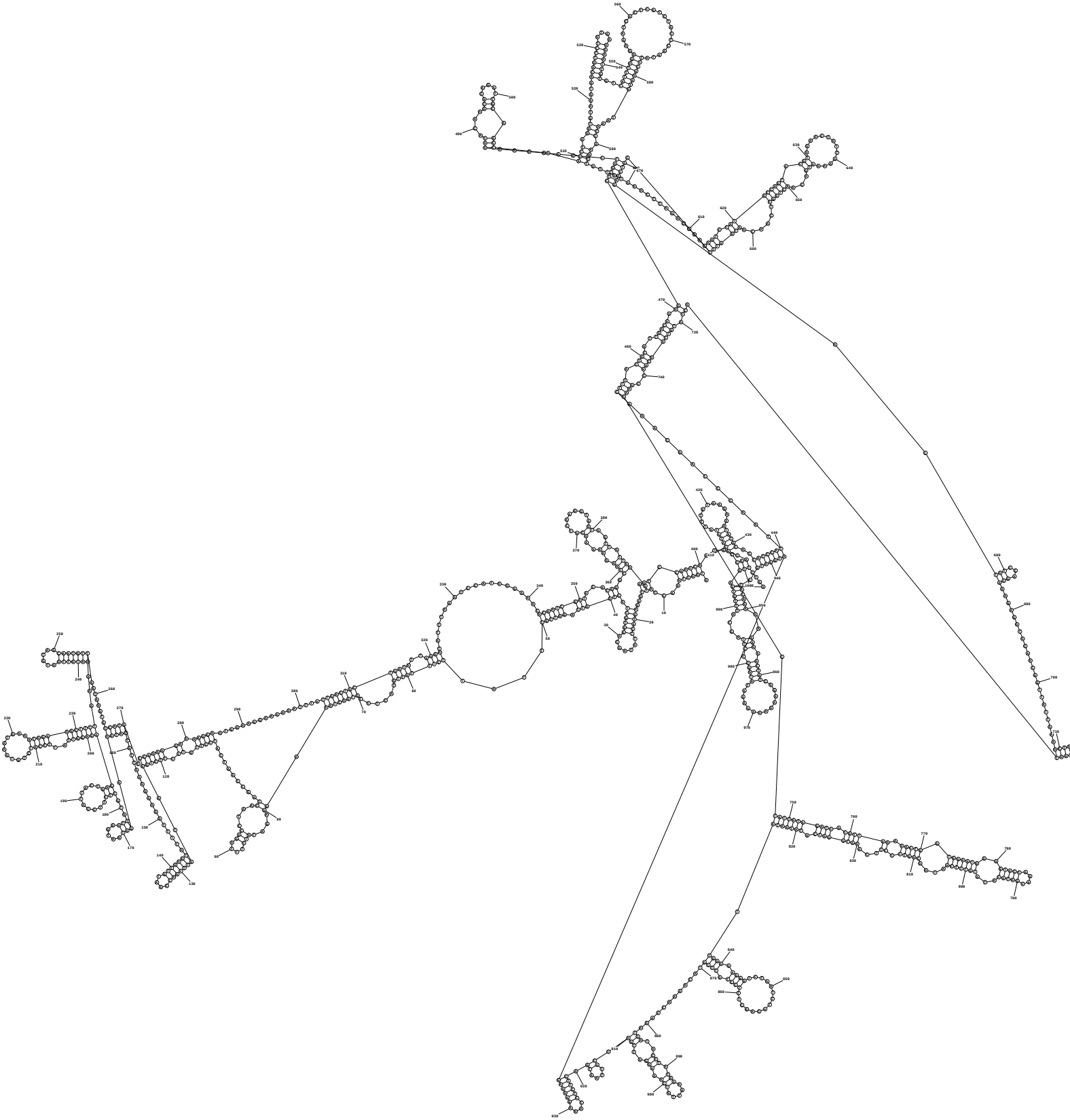

ENERGY = -433.5 Mg-216